

Zion Benton High School Breakfast

March



Mar.
6-10th

Berry Waffles
Apple
Strawberry Craisins

Double Chocolate Muffins
Orange
Cinnamon Applesauce

Blueberry Pancakes
Grape Juice
Banana

Cinni- Minis
Orange
Applesauce

Donut Holes
Watermelon Craisins
Apple

Mar.
13-17th

French Toast Sticks
Apple
Strawberry Craisins

Ham & Cheese Frittata
Orange
Cinnamon Applesauce

Banana Muffin
Grape Juice
Banana

Maple Mini Waffles
Orange
Applesauce

Jimmy Dean
Breakfast Dog
Watermelon Craisins
Apple

Mar.
20-24th

Cinnamon French Toast
Apple
Craisins

Cinnamon Cr. Cheese
filled Bagel
Orange
Cinnamon Applesauce

Egg & Cheese
Muffin Sandwich
Grape Juice
Banana

Apple Cinnamon Muffin
Orange
Applesauce

Chicken Biscuit
Sandwich
Watermelon Craisins
Apple

Mar
27-31st

Spring Break
No School

Spring Break
No School

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No School

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No School

Spring Break
No School

Daily –
Choice of Milk
Grab & Go

* Menu may change at any time



Zion Benton High School Lunch

March



Mar.
6-10th

Country Popcorn
Chicken Bowl
Ham Chef Salad
Tots
Pepperoni Pizza
Cheese Pizza

Chicken Fajita Wrap
Buffalo Chicken Salad
Potato Wedges
Spicy Chicken Pizza
Cheese Pizza

Chicken & Ham Carbonara
Chicken Salad Platter
Popcorn Chicken
Crinkle Cut Fries
Sausage Pizza
Cheese Pizza

Beef Nachos
Crispy Chicken Caesar Salad
Ham, Turkey & Cheese
Sandwich
Cheeseburger Pizza
Cheese Pizza

Chicken & Sausage Etouffee
over Rice
Buffalo Chicken Salad
Spiral Fries
BBQ Chicken Pizza
Cheese Pizza

Mar.
13-17th

Salisbury Steak
w/ Potatoes & Gravy
Baja Chicken Salad
Chicken Nuggets
Tots
Pepperoni Pizza
Cheese Pizza

Beef Soft Tacos
Ham Chef Salad
Mini Corn Dogs
Potato Wedges
Spicy Chicken Pizza
Cheese Pizza

Meatball Sub
Chicken Salad Platter
Popcorn Chicken
Crinkle Cut Fries
Sausage Pizza
Cheese Pizza

Diced Chicken Nachos
Chicken Caesar Salad
Chicken Tenders
Waffle Fries
Cheeseburger Pizza
Cheese Pizza

General Tso's Chicken
over Rice
Buffalo Ranch
Chicken Salad
Corn Dog
Spiral Fries
BBQ Chicken Pizza
Cheese Pizza

Mar.
20-24th

Chicken Sliders
Baja Chicken Salad
Chicken Nuggets
Tots
Pepperoni Pizza
Cheese Pizza

Cheesy Enchilada
Casserole
Buffalo Ranch
Chicken Salad
Mini Corn Dogs
Potato Wedges
Spicy Chicken Pizza
Cheese Pizza

Chicken Penne Alfredo
Ham Chef Salad
Popcorn Chicken
Crinkle Cut Fries
Sausage Pizza
Cheese Pizza

Frito Chili Pie
Buffalo Chicken Salad
Chicken Tenders
Waffle Fries
Cheeseburger Pizza
Cheese Pizza

Zesty Orange Chicken
over Rice
Ranch Chicken Salad
Corn Dog
Curly Fries
BBQ Chicken Pizza
Cheese Pizza

Mar.
27-31st

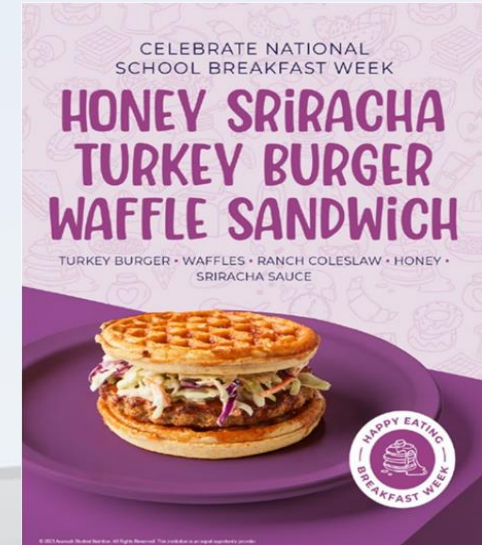
Spring Break
No School

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Limited Time Offer
Mar. 6th-10th

* Menu may change at any time

All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

Daily—
Choice of Milk
MTO Grill Bar
Uncrustable Lunch
Fruit & Vegetable Options

